



The Gordon Brain Score

In 60 Seconds

Self-Assess Your Brain



Lowest **1** _____ **10** Highest

Score 1-10

1. Stress Coping _____

2. Emotion Awareness _____

3. Intuition _____

4. Confirmation Bias Awareness _____

5. Rational _____

6. Prefer time with other people _____

7. Positivity _____

8. Mental Health Coping _____

9. Resilience _____

10. Growth Mindset _____

ANY increase in any score after
a new habit creation is
"Brain Effectiveness Progress"

**Total
Score:**

0 - 35 = Poor

36 - 50 = Modest

51 - 80 = Good

81 - 100 = Excellent

See the **Habit PLAN** &
10 Objective Tests Online at:
www.DrEvianGordon.com